



# **ORION SWIMMING CLUB**

## **BEHAVIOUR POLICY**

### **Learners' Group**

Orion is a competitive swimming club. We swim to win. However, we are equally proud of our team spirit and the club's friendly and disciplined atmosphere. This has only been achieved through the co-operation and support of our coaches, parents and swimmers. In order that we maintain this safe and happy environment, we ask that everybody involved with the club takes on some responsibilities.

#### **Responsibility of Swimmers/Parents**

- Please try to ensure that the swimmers are changed and ready to begin the session at the specified time.
- Make sure that your child is aware that they need to pay attention to the coach/teacher responsible for them.
- Encourage your child to act sensibly and safely in the changing rooms, at the poolside and especially in the water.
- Treat all other members of the Club in a respectful, friendly and sociable way.
- Remember that any swimmer aged 8 years or younger should not be left unattended at the club.
- Please ensure that any adults accompanying children into the changing rooms must use the appropriate changing area i.e. Dads in boys' changing rooms and Mums in the girls'.
- In addition to this please respect the privacy of the older swimmers who have been helping in the pool

Any swimmer not complying with the Behaviour Policy may be asked to leave the pool. The incident will be formally reported to the committee who will then discuss the situation with the parent and child. A verbal agreement will then be reached on the action to be taken.

If following a warning of previous behaviour, an incident is repeated and it is considered that this situation may become dangerous or detrimental to the team spirit, the child may be asked to leave the Club.



# ORION SWIMMING CLUB

## BEHAVIOUR POLICY

### Juniors, Neptunes and Aquarius Groups

Orion is a competitive swimming club, we swim to win. However, we are equally proud of our team spirit and the club's friendly and disciplined atmosphere. This has only been achieved through the co-operation and support of our coaches, parents and swimmers. In order that we maintain this safe and happy environment, we ask that everybody involved with the club observes the policy below.

#### Responsibility of Swimmers

- Be changed and ready to begin the session at the specified time.
- Remember to bring the training equipment (don't rely on Mum or Dad!)
- Pay attention at all times to the coach/teacher responsible for you.
- Act sensibly and safely in the changing rooms, at the poolside and especially in the water, both during training sessions and at galas.
- Remain quiet and still whilst other swimmers are completing their swim.
- Treat all other members of the Club in a respectful, friendly and sociable way.
- Do not cheat in training.
- Do not bully other swimmers in the lane by pushing in front, swimming over the top, pulling other swimmers' legs or arms or by purposefully preventing faster swimmers from overtaking.
- Treat training sessions seriously and put in 100% effort.
- When using the changing room or at poolside, remember there may be other swimmers younger than you and therefore please choose your topics of conversation carefully and refrain from using bad language.

#### Responsibility of Parents/Spectators

- Make every attempt to get the swimmers to training and galas on time.



- Show respect to club members, particularly the coaches, teachers and other officials (most of the roles within the club are voluntary and unpaid!).
- Be observant at all times and help maintain the high standards of behaviour of which the club is proud.
- Remember that any swimmer aged 8 years or younger should not be left unattended at the club.
- If you need to speak to the coach/teacher please do so before or after the training session and **not** during it. Parents should respect the role of the teacher/coach and should not intervene with their child or any swimmer during a session. Any comments on or input towards the coaching should be addressed with the teacher/coach after the session.
- Please do not drop off swimmers at the club without ensuring that the swimming session is on and always be on time to collect them at the end of the session.

### Sanctions

Any swimmer not complying with the Behaviour Policy may incur the following sanctions:

- Be asked to sit on the side of the pool for 5 minutes.
- If behaviour then continues they may be asked to leave the pool. The teacher will inform a member of the committee that a swimmer has been sent out of a swimming session. At this point a letter will be sent to the parents informing them that their child was sent out of the pool, explaining why, and warning of future sanctions if the behaviour does not improve.
- If they are sent out more than 3 times in a month they will receive a one week suspension from training. The incident will be formally reported to the committee who will then discuss the situation with the parent and child. A verbal agreement will then be reached on the action to be taken.
- If following a warning about previous behaviour an incident is repeated and it is considered that this situation may become dangerous or detrimental to the team spirit, the child may be asked to leave the club.