

Miles	Metres	Awards available
10	16,093.00	Badge/certificate, Lapel pin
15	24,140.00	Badge/certificate
20	32,187.00	Badge/certificate, Lapel pin
25	40,234.00	Badge/certificate
30	48,280.00	Badge/certificate
40	64,374.00	Badge/certificate, Lapel pin
50	80,467.00	Badge/certificate
60	96,561.00	Badge/certificate, Lapel pin
70	112,654.00	Badge/certificate
80	128,748.00	Badge/certificate, Lapel pin
90	144,841.00	Badge/certificate
100	160,934.00	Badge/certificate, Paper weight, Lapel pin
150	241,402.00	Badge/certificate
200	321,869.00	Badge/certificate, Lapel pin
250	402,336.00	Badge/certificate
300	482,803.00	Badge/certificate, Lapel pin
350	563,270.00	Badge/certificate
400	643,738.00	Badge/certificate, Lapel pin
450	724,205.00	Badge/certificate
500	804,672.00	Badge/certificate, Lapel pin
750	1,207,008.00	Badge/certificate
1000	1,609,344.00	Badge/certificate, Lapel pin
1500	2,414,016.00	Badge/certificate
2000	3,218,688.00	Badge/certificate, Lapel pin
3000	4,828,032.00	Badge/certificate, Lapel pin
4000	6,437,376.00	Badge/certificate, Lapel pin
5000	8,046,720.00	Badge/certificate, Lapel pin
	1 mile = 1,609.344m	